**Substitution into Formulae**

Using the formula $A = L \times W$, find the value of $A$ when:

(a) $L = 10$ and $W = 6$

(b) $L = 2.5$ and $W = 8$

(c) $L = 3.5$ and $W = 4$

Using the formula $s = \frac{d}{t}$, find the value of $s$ when:

(a) $d = 10$ and $t = 2$

(b) $d = 450$ and $t = 9$

(c) $d = 20$ and $t = 2.5$

Using the formula $A = \frac{b \times h}{2}$, find the value of $A$ when:

(a) $b = 10$ and $h = 12$

(b) $b = 5$ and $h = 7$

(c) $b = 2.5$ and $h = 10$

Using the formula $V = L \times W \times H$, find the value of $V$ when:

(a) $L = 10, W = 5$ and $H = 2$

(b) $L = 8, W = 6$ and $H = 4$

(c) $L = 3, W = 4$ and $H = 2.5$

Using the formula $F = m \times a$, find the value of $V$ when:

(a) $m = 4$ and $a = -6$

(b) $m = 7.5$, and $a = -10$

Using the formula $E = \frac{m \times v^2}{2}$, find the value of $E$ when:

(a) $m = 5$ and $v = 2$

(b) $m = 20$, and $v = 4$

**Substitution into Formulae**

Using the formula $A = L \times W$, find the value of $A$ when:

(a) $L = 10$ and $W = 6$

(b) $L = 2.5$ and $W = 8$

(c) $L = 3.5$ and $W = 4$

Using the formula $s = \frac{d}{t}$, find the value of $s$ when:

(a) $d = 10$ and $t = 2$

(b) $d = 450$ and $t = 9$

(c) $d = 20$ and $t = 2.5$

Using the formula $A = \frac{b \times h}{2}$, find the value of $A$ when:

(a) $b = 10$ and $h = 12$

(b) $b = 5$ and $h = 7$

(c) $b = 2.5$ and $h = 10$

Using the formula $V = L \times W \times H$, find the value of $V$ when:

(a) $L = 10, W = 5$ and $H = 2$

(b) $L = 8, W = 6$ and $H = 4$

(c) $L = 3, W = 4$ and $H = 2.5$

Using the formula $F = m \times a$, find the value of $V$ when:

(a) $m = 4$ and $a = -6$

(b) $m = 7.5$, and $a = -10$

Using the formula $E = \frac{m \times v^2}{2}$, find the value of $E$ when:

(a) $m = 5$ and $v = 2$

(b) $m = 20$, and $v = 4$